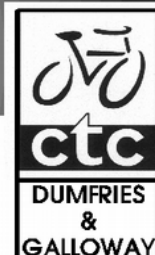




# COME CYCLING



## CTC Dumfries and Galloway Member Group

### Sunday Ride List: May – Aug 2015

We welcome all capable cyclists on our Sunday rides. These are typically 40+ miles. Given the geographic extent of D&G we encourage riders to join rides part way, or link up with them, or even just join us for lunch and a natter. But please contact the ride leader to check route and logistics.

**Please check start times as these can vary, depending on the length on the route.**

DATE	Miles (approx)	START	FROM/MEET	DESTINATION	Contact
3 May 2015	60	10:00	Dumfries Whitesands	Sanquhar - Cafe Stop	TH
10 May 15	45	10:00	CD	Gatehouse – Cafe Stop	PhilH
22 - 25 May	TBA		<b>KM175 Cycle Rally Barnsoul (Barnsoul Campsite nr Shawhead)</b>	<b>Volunteers needed, set up and Ride who know the local area</b>	<b>Leaders</b>
31 May 15	55	10:00	Dumfries Whitesands	Scaur Glen - Carry food	DO
7 June 15	40	10:00	<u>Thornhill</u>	Wanlockhead - Carryfood	TH
14 June 15	45	10:00	CD	Caltteringshaws - Cafe stop	PhilH
<b>13 - 21 June 15</b>	<b>Various</b>	<b>TBA</b>	<b>Bike Week - Support your local activities - Cycling for everyone</b>		
<b>21 June 15</b>			<b><u>YORK RALLY</u></b>		<b>DO</b>
28 June 15	50	10:00	<u>Lockerbie</u>	Gretna – Cafe stop	LH
5 July 15	50	10:00	<u>Dumfries - Whitesands</u>	Lockerbie - Cafe stop	PeterH
<b>12 July 15</b>	<b>TBA</b>	<b>09:30</b>	<b>ANNAN JOINT RIDE CTC EDEN VALLEY</b>	<b>Incl Bankshill Village Tea</b>	<b>TH</b>
			<b>See CTC Eden Valley Runs' List - Leader Parker Harrison</b>		
26 July 15	40/50	10:00	<u>Dumfries - Whitesands</u>	Moffat - Cafe stop	AM
2 Aug 15	70	9:00	<u>Dumfries - Whitesands</u>	Durisddeer Volver - Church Tea	TH
9 Aug 15	45	10:00	<u>Dumfries - Whitesands</u>	Moniave - Glen Whisk Cafe stop	DO
16 Aug 15	60+	10:00	<u>Dumfries - Whitesands</u>	Kirkcudbright - Cafe stop	TH
<b>19 - 25 Aug 15</b>			<b>CTC Birthday Rides -</b>	<b>Rigg College PENRITH</b>	<b>DO</b>
30 Aug 15	60+		<u>Wamphray</u>	Eskdalemuir - St Mart's Loch Cafe	PB
			<b><u>A couple of alerts for events and rides in May</u></b>		
<b>23 – 25 May</b>			<b>Spring Fling Rides</b>		
<b>May - July - Aug 2015</b>			<b>Solway Sportives</b>		

## **OUR Contact List – Ride Leaders and Ride information**

Annan – War Memorial - Main St CP

C.D. – Castle Douglas, car park at the top of King Street

Dalbeattie – Coach Park

Dalry – Burning Bush

Dumfries – on the Whitesands, at the end of Devorgilla Bridge

Glen Luce – War Memorial

Lochmaben – Town Hall

Lockerbie – McJerrow Park CP

Moffat - Ram

N.S . – Newton Stewart, Riverside Car Park

## **Ride Leaders and Contact – Phone Numbers:-**

Paul Buxton 01576 470893

Robin Gibb 01387 860331

Tom Hanley 01387 261969

Larry Hayes 01576 202115

Peter Hill 01387 721412

Phil Howard 01556 610998

Brian Madill 01387 256499

Alan Mair 01387 247703

Ted Norfolk 01988 700432

Dougie Oberheim 01387 254089

Bob Rostock 01776 840623

Stephen Varney

Mary Wood 07565 095870

## **Links and Website**

Our [Facebook](#) page "Cycling, South West Scotland". However this is “private link” therefore cannot be found on “search”. Link from our Website [www.dandgecycling.org.uk](http://www.dandgecycling.org.uk)

Our Website is updated with latest info on Rides.

**LINK – [Cycling Dumfries Winter Rides List](#) Easy paced rides**

**CTC Eden Valley – <http://www.edenvalleyctc.org.uk/contact.html> Contact Rides Co-ordinator, Paul Harrison**

**May SpringFling – <http://www.spring-fling.co.uk/>**